

# (IC)2 INTEGRATED CURRICULUM (ICIC)

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## **ICIC 10000 Integration: Connecting the Disciplines (LA)**

How will we meet the complex challenges of the 21st century? We'll need to find ways to combine insights and ideas from many fields of study and use them creatively. Concepts and tools from systems science and design can help us do this. This minicourse introduces them through a series of engaging learning activities. Pass/Fail. (F,S)

Attributes: HM, SO, TIDE, TIII, TMBS, TPJ, TQSF, TWOS

1 Credit

## **ICIC 12000 Insight: Combining Expertise (LA)**

How can we combine insights from disciplinary experts to address complex issues? Guest experts from a variety of disciplines will discuss how researchers and practitioners in each of their disciplines would address a significant current issue, which varies by course section.

Techniques are introduced to combine their insights and lead to deeper understanding and more powerful solutions. Pass/Fail. (F,S)

Attributes: HM, SO, TIDE, TIII, TMBS, TPJ, TQSF, TWOS

1 Credit

## **ICIC 13000 Creativity: Transforming Insights into Ideas (LA)**

Where do great ideas come from? Can we become better at generating them? A series of significant challenges are posed, and a rich variety of creativity techniques and principles are introduced to meet them.

Creativity skills that will apply in many contexts are developed. Pass/Fail. (F,S)

Attributes: HM, SO, TIDE, TIII, TMBS, TPJ, TQSF, TWOS

1 Credit

## **ICIC 14000 Character: Developing Habits for Good (LA)**

How can we best serve society? By each and every day making choices that do good for others as well as ourselves. The content and development of character are explored through a series of challenging activities and assignments. Tools for examining and intentionally altering patterns of thought and action to better serve society are introduced.

Pass/Fail. (F,S)

Attributes: HM, SO, TIDE, TIII, TMBS, TPJ, TQSF, TWOS

1 Credit

## **ICIC 15000 Contemplation: Understanding the Self as Learner (LA)**

To be integrative, holistic learners, we must learn to listen to our inner voice, and appreciate our unique lived experience for the perspective it brings to bear on how and what we learn. Through the study and practice of different mindfulness exercises, we will build capacity for attention regulation, emotion regulation, cognitive regulation, and compassion.

Through weekly journaling students will reflect on how these capacities shape their learning experience and how they know what they know. We end the course with student presentations of their learning and plans for continued use of these new skills for self-knowing and learning. (B,F,S)

Attributes: HM, SO, TIDE, TIII, TMBS, TPJ, TQSF, TWOS

1 Credit