

ATHLETIC TRAINING MAJOR – B.S.

An athletic trainer is responsible for the prevention, care, and management of athletic injuries. The degree program in athletic training (AT) addresses the national need for better care of athletes and the physically active. Certified athletic trainers work under the direction of physicians in many settings, including high schools, colleges, professional sports programs, hospitals, fitness centers, industry, and sports medicine clinics.

The AT major is designed to prepare the student for the Board of Certification (BOC) national certification examination. Commission on Accreditation of Athletic Training Education (CAATE) standards and guidelines impose specific restrictions on the number of majors Ithaca College can enroll in the AT degree program. AT students applying for retention must sign an agreement that they will meet the program's technical standards. Clarification regarding these standards can be obtained from the program director.

Special Academic Status Policy for AT

INTERNAL TRANSFER POLICY

Students must declare and receive approval to change their major to athletic training prior to the start of their sophomore year.

Retention Requirements – Sophomore Review

At the end of the sophomore year, the student must apply to be formally reviewed for retention to the athletic training major. Retention is based on the following criteria:

- Cumulative adjusted GPA of at least 2.75;
- Minimum adjusted GPA of 3.00 in athletic training courses with no grade lower than C- in these courses;

Code	Title	Credits
EXSS 24600	Prevention and Care of Athletic Injuries	3
EXSS 24800	Acute Care and Emergency Management in Athletic Training	3
EXSS 25000	Athletic Training Techniques I	1
EXSS 25100	Athletic Training Techniques II	1
EXSS 25200	Athletic Training Techniques III	1
EXSS 25500	Introduction to Evidence Based Medicine and Clinical Reasoning	1
EXSS 25600	Athletic Injury Assessment I	3
EXSS 25700	Athletic Injury Assessment II	3
EXSS 29400	Clinical Experience in Athletic Training I	0.5
EXSS 30000	Clinical Experience in Athletic Training II	.5

- Completion of basic and applied science courses EXSS 12000, EXSS 12100, EXSS 22000, and EXSS 30600 with no grade lower than C-;
- Completion of 60 hours in a clinical setting supervised by Ithaca College; and
- Completion of required athletic training competencies and proficiencies.

Retention or admission is competitive, based on an applicant's level of achievement according to the stated criteria. Clinical experience hours often coincide with athletic practice time, pursuit of the AT major may make participation in intercollegiate athletics at Ithaca College after the sophomore year more difficult and may require the completion of clinical experience hours outside the traditional academic calendar.

Junior and Senior Retention Requirements

Retention in the AT program is based on the following criteria:

- Cumulative adjusted GPA of at least 2.75;
- Adjusted GPA of at least 3.00 in all athletic training coursework with no grade lower than C-; and

Code	Title	Credits
EXSS 24600	Prevention and Care of Athletic Injuries	3
EXSS 24800	Acute Care and Emergency Management in Athletic Training	3
EXSS 25000	Athletic Training Techniques I	1
EXSS 25100	Athletic Training Techniques II	1
EXSS 25200	Athletic Training Techniques III	1
EXSS 25500	Introduction to Evidence Based Medicine and Clinical Reasoning	1
EXSS 25600	Athletic Injury Assessment I	3
EXSS 25700	Athletic Injury Assessment II	3
EXSS 29400	Clinical Experience in Athletic Training I	0.5
EXSS 30000	Clinical Experience in Athletic Training II	.5
EXSS 30100	Clinical Experience in Athletic Training III	1
EXSS 34000	Therapeutic Interventions in Athletic Training I	3
EXSS 34200	Therapeutic Interventions in Athletic Training II	3
EXSS 35100	Athletic Training Techniques IV	1
EXSS 35200	Athletic Training Techniques V	1
EXSS 36000	Medical Science	3
EXSS 36500	Junior Internship in Athletic Training	1-4
EXSS 36600		1
EXSS 40000	Clinical Experience in Athletic Training IV	1
EXSS 40100	Clinical Experience in Athletic Training V	1
EXSS 43000	Seminar in Athletic Training	3
EXSS 45500	Senior Internship in Athletic Training	1-4
EXSS 45600	Clinical Experience in Athletic Training VI	1

- Completion of basic and applied science courses EXSS 30600, EXSS 32000, EXSS 32100 and EXSS 37500 with no grade lower than C-.

A student failing to meet the minimum standards in any given semester will be given one semester to attain them. Failure to meet standards for two consecutive semesters will result in dismissal from the AT major.

Summary

Code	Title	Credits
General Requirements		7-8
Basic and Applied Sciences		29
Specific Requirements		42
Integrative Core Curriculum ¹		20
Free electives		22
Total Credits		120

¹ Please refer to "ICC (<https://catalog.ithaca.edu/undergrad/schools/school-health-sciences-human-performance/#integrativecorecurriculumicctext>)" tab on our school's main page to see requirements.

Degree Requirements

Code	Title	Credits
GENERAL REQUIREMENTS		
Select one of the following:		3-4
MATH 14400	Statistics for Business, Economics and Management	
MATH 14500	Statistics for the Health, Life, and Social Sciences	
MATH 15500	Basic Statistical Reasoning	
PSYC 20700	Statistics in Psychology	
And		
PHYS 10100	Introduction to Physics I	4
BASIC AND APPLIED SCIENCES		
EXSS 12000	Anatomy and Physiology I ¹	4
EXSS 12100	Anatomy and Physiology II ¹	4
EXSS 20200	Sport and Exercise Psychology	3
EXSS 22000	Kinesiology	4
EXSS 24600	Prevention and Care of Athletic Injuries	3
EXSS 30600	Biomechanical Principles of Human Movement	4
EXSS 32000	Neuromuscular Control	3
EXSS 32100	Exercise Physiology ¹	4
SPECIFIC REQUIREMENTS		
HLTH 20200	Human Nutrition	3
EXSS 24800	Acute Care and Emergency Management in Athletic Training	3
EXSS 25000	Athletic Training Techniques I	1
EXSS 25100	Athletic Training Techniques II	1
EXSS 25500	Introduction to Evidence Based Medicine and Clinical Reasoning	1
EXSS 25600	Athletic Injury Assessment I	3
EXSS 25700	Athletic Injury Assessment II	3
EXSS 29400	Clinical Experience in Athletic Training I	0.5
EXSS 30000	Clinical Experience in Athletic Training II	.5
EXSS 30100	Clinical Experience in Athletic Training III	1
EXSS 34000	Therapeutic Interventions in Athletic Training I	3

EXSS 34200	Therapeutic Interventions in Athletic Training II	3
EXSS 35100	Athletic Training Techniques IV	1
EXSS 35200	Athletic Training Techniques V	1
EXSS 36000	Medical Science	3
EXSS 36500	Junior Internship in Athletic Training	1-4
EXSS 40000	Clinical Experience in Athletic Training IV	1
EXSS 40100	Clinical Experience in Athletic Training V	1
EXSS 43000	Seminar in Athletic Training	3
EXSS 45500	Senior Internship in Athletic Training	1-4
EXSS 45600	Clinical Experience in Athletic Training VI ²	1
Total Credits		72-79

¹ Satisfies Complementary Liberal Arts requirements.

² Counts as ICC Capstone.