

HEALTH EDUCATION AND PHYSICAL EDUCATION (TEACHING) MAJOR – B.S.

No additional students are being admitted to this program as of Fall 2021

The dual major in health education and physical education enables students to become certified to teach in two areas. On graduation, students are eligible for New York State initial teacher certification in both health education and physical education. This dual certification offers increased professional opportunities, and it meets the needs of students who desire to teach both health education and physical education in the public schools of New York State. Students who complete the dual major are eligible to apply for teacher certification after successfully completing the appropriate examinations. New York certification requires the New York State Teacher Certification Examinations; other states may require the Praxis examination or other designated state teaching examination.

Coursework includes strong preparation in the liberal arts, health and exercise sciences, physical education, teacher education, professional theory, and professional skills. A full semester of student teaching in the senior year is required. This is divided into two placements. New York State requires one of the placements to be in a high needs school. It should be noted that because this program prepares students in two areas, there is relatively little room left for electives. For those students whose career interests lie within these areas, however, this program offers considerable depth in two highly related areas, within a challenging curriculum.

Medical clearance by Ithaca College's health center is required for participation in any activity course. Students who do not have such clearance will not be able to complete the requirements for this degree program.

All candidates for teaching certification must attend workshops on child-abuse identification and prevention, school violence prevention, and Harassment, Bullying and Discrimination in Schools: Prevention and Intervention (DASA). The evening workshops are offered each semester. For more information about certification requirements and for information about fingerprinting requirements, see the "Office of Teaching and Certification (<http://www.ithaca.edu/actec/teachercert/>)" page of the Department of Education website.

Special Academic Status Policy for Health Education and Physical Education (Dual) Major

Acceptance into and retention in the health education and physical education major is subject to compliance with the following academic standards:

- GPA Requirement:** All students in teacher education programs in HPPE must have a cumulative 2.50 GPA at the end of each semester of their first year. Sophomores, juniors and seniors must maintain an overall 2.75 GPA at the end of each semester. If the cumulative GPA falls below the required standard, the student will be placed on program warning. The student will be provided with one semester to attain the requisite cumulative GPA. Any student who fails to meet

the standard for two consecutive semesters is subject to dismissal from the program.

- Demonstrated Success in Core Courses:** Students must receive at least a C in all required courses with an EDUC, PHED or HLTH designation and maintain a 2.50 GPA throughout their first year and 2.75 GPA throughout sophomore, junior and senior years. Failure to meet a C grade mandates repeating the course. Students will not be allowed to participate in student teaching (PHED 44500, HLTH 44500 and HLTH 44800/PHED 44800) until the student achieves a grade of C or above in EDUC, PHED or HLTH required courses.
- Student Teaching Application:** Students must file an application for student teaching during the year prior to the student teaching experience. The student is responsible for attending all department meetings and to respond to emails from the Coordinator of Student Teaching about the application, placement sites, and deadlines. The application for student teaching requires that the student possess a current American Red Cross CPR card.
- Student Teaching Grade:** Students may not complete the program with a grade lower than a B in the following courses. The degree cannot be granted if this standard is not met.

Code	Title	Credits
HLTH 44500	Student Teaching in Health Education (dual major)	5
PHED 44500	Student Teaching in Physical Education (dual major)	5
HLTH 44800	Seminar in Health Education or PHED 44800 Professional Seminar	2

Summary

Code	Title	Credits
	Exercise science component	8
	Professional content and pedagogy: health education	30
	Professional content and pedagogy: physical education	28
	Professional education component	14
	Integrative Core Curriculum ¹	25-26
	Complimentary Liberal Arts - Required	14
	Free electives	5-6
	Total Credits	125

¹ Please refer to "ICC (<https://catalog.ithaca.edu/undergrad/schools/school-health-sciences-human-performance/#integrativecorecurriculumicctext>)" tab on our school's main page to see requirements.

Degree Requirements

Code	Title	Credits
EXERCISE SCIENCE COMPONENT (LA)		
EXSS 12000	Anatomy and Physiology I	4
EXSS 12100	Anatomy and Physiology II	4
PROFESSIONAL CONTENT AND PEDAGOGY: HEALTH EDUCATION		
HLTH 13901	Technology for the Professional Edge	3
HLTH 15200	Introduction to Health and Physical Education	3

HLTH 20200	Human Nutrition	3	EDUC 21010	Educational Psychology	3
HLTH 21300	Wellness: Multicultural Perspectives on Health and Healing	3	EDUC 22900	Second Language Acquisition: Its Nature and Meaning for Educators	2
HLTH 22800	Human Sexuality	3	EDUC 34000	Social and Cultural Foundations of Education	3
HLTH 31500	Family Health Problems	3	Language elective ²		6
HLTH 35000	Drug Use and Abuse	3	Total Credits		94
HLTH 36000	Curriculum and Materials in Health Education	3			
HLTH 42000	Teaching Strategies in Health Education	3			
PHED 43900	Assessment in Physical Education	3	¹ Counts as ICC Capstone.		
or HLTH 43900	Assessment in Health Education	3	² Based on proficiency, 6 credits in the same language other than English (including American Sign Language). Placement in 10100 requires 6.0 credits of language; placement in 10200 requires 3.0 credits of language and 3.0 credits of additional LA credits; and placement in 20100 requires 6.0 credits of additional LA credits.		
PROFESSIONAL CONTENT AND PEDAGOGY: PHYSICAL EDUCATION					
PHED 10100	Teaching Strategies in Physical Education	1			
PHED 14400	Fundamentals of Dance and Movement	1			
PHED 17800	Fundamental Movement Concepts Gymnastics	1			
PHED 20200	Teaching Goal-Oriented Games in Physical Education	1			
PHED 20400	Teaching Net/Wall Games in Physical Education	1			
PHED 20500	Teaching Target and Fielding Games in Physical Education	1			
PHED 20700	Teaching Outdoor Pursuits and Contemporary Activities	1			
PHED 20800	Teaching Individual Activities in Physical Education	1			
PHED 21200	Motor Skills Development	3			
PHED 23000	Teaching Physical Activities in Elementary Physical Education	3			
PHED 23400	Fitness Applications for Health Promotion	4			
PHED 23500	Teaching Fitness in Physical Education	1			
PHED 33000	Adapted Physical Education and Sport	3			
PHED 33200	Curriculum and Methods in Elementary School Physical Education	3			
PHED 33300	Curriculum and Methods in Secondary School Physical Education	3			
PROFESSIONAL EDUCATION COMPONENT					
EDUC 10200	Reading Foundations	2			
EDUC 19210	Child Abuse Identification and Prevention	0			
EDUC 19230	School Violence Prevention	0			
EDUC 19240	Harassment, Bullying, and Discrimination in Schools: Prevention and Intervention	0			
HLTH 44500	Student Teaching in Health Education (dual major)	5			
PHED 44500	Student Teaching in Physical Education (dual major)	5			
PHED 44800	Professional Seminar ¹	2			
or HLTH 44800	Seminar in Health Education	2			
COMPLEMENTARY LIBERAL ARTS - REQUIRED					