

NUTRITION PROMOTION MINOR

The nutrition promotion minor is open to students majoring in all disciplines except health sciences – food and nutrition emphasis. The nutrition promotion minor enables students to systematically study nutrition in the world and to learn more about the depth and breadth of nutrition in society. The minor provides an introductory level examination of the history, theory and methods of nutrition promotion. Students are given the opportunity to discuss the wide-range of nutritional issues and their relationship to health problems. Students will gain a broad understanding of where nutrition falls within the health care system and how health professions can promote lifelong health through nutritional approaches.

Requirements

Code	Title	Credits
THEORETICAL FRAMEWORK		
HLTH 20500	Critical Health Issues	3
or HLTH 21300	Wellness: Multicultural Perspectives on Health and Healing	
NUTRITION CORE		
HLTH 20200	Human Nutrition	3
HLTH 20100	Food and Society	3
HLTH 30100	Lifecycle Nutrition	3
Select 6 or 7 credits of the following nutrition promotion electives:		6-7
BIOL 10600	Plants, People, and Food Production (Deleted Anth 25100)	
HLTH 11000	War, Hunger, and Genocide: An International Health Perspective	
HLTH 20300	Consumer Health	
HLTH 23400	Fitness Applications for Health Promotion	
HLTH 25000	Global Health	
HLTH 30500	Community Nutrition: Global Perspectives	
HLTH 48700	Multicultural Issues in Health	
PHED 23400	Fitness Applications for Health Promotion	
SOCI 20800	Social Change	
SOCI 31600	Women and Health	
Total Credits		18-19