

PHYSICAL EDUCATION (TEACHING) MAJOR – B.S.

No additional students are being admitted to this program as of Fall 2021

The program in physical education prepares students for initial New York State certification to teach at elementary and secondary school levels. Coursework includes strong preparation in the liberal arts, health and exercise sciences, teacher education, professional theory, and professional skills. A full semester of student teaching in the senior year is required in this program. New York State requires one of the placements to be in a high needs school. Students who complete the major are eligible to apply for teacher certification after successfully completing the appropriate examinations. New York certification requires the New York State Teacher Certification Examinations; other states may require the Praxis examination or another designated state teaching examination.

Medical clearance by the Ithaca College health center is required for participation in any activity course. Students who do not have such clearance will not be able to complete the requirements for this degree.

All candidates for teaching certification must attend workshops on child-abuse identification and prevention, drug and alcohol abuse, violence prevention, and Harassment, Bullying and Discrimination in Schools: Prevention and Intervention (DASA). The evening workshops are offered each semester. For more information about certification requirements and for information about fingerprinting requirements, see the "Office of Teaching and Certification (<http://www.ithaca.edu/actec/teachercert/>)" page of the Department of Education website.

Special Academic Status Policy for Physical Education Majors

Acceptance into and retention in the physical education major is subject to compliance with the following academic standards:

- GPA Requirement:** All students in teacher education programs in HPPE must have a cumulative 2.50 GPA at the end of each semester of their first year. Sophomores, juniors and seniors must maintain an overall 2.75 GPA at the end of each semester. If the cumulative GPA falls below the required standard, the student will be placed on program warning. The student will be provided with one semester to attain the requisite cumulative GPA. Any student who fails to meet the standard for two consecutive semesters is subject to dismissal from the program.
- Demonstrated Success in Core Courses:** Students must receive at least a C in all required courses with an EDUC, PHED or HLTH designation and maintain a 2.50 GPA throughout their first year and 2.75 GPA throughout sophomore, junior and senior years. Failure to meet a C grade mandates repeating the course. Students will not be allowed to participate in student teaching (PHED 44100 and PHED 44800) until the student achieves a grade of C or above in EDUC, PHED or HLTH required courses.
- Student Teaching Application:** Students must file an application for student teaching during the year prior to the student teaching experience. The student is responsible for attending all department meetings and to respond to emails from the Coordinator of Student Teaching about the application, placement sites, and deadlines. The

application for student teaching requires that the student possess a current American Red Cross CPR card.

- Student Teaching Grade:** Students may not complete the program with a grade lower than a B in the following courses. The degree cannot be granted if this standard is not met.

Code	Title	Credits
PHED 44100	Student Teaching in Physical Education	10
PHED 44800	Professional Seminar	2

Summary

Code	Title	Credits
	Health and exercise sciences	14
	Professional content and pedagogy: physical education	43
	Professional Education Component	14
	Integrative Core Curriculum ¹	25-26
	Complementary Liberal Arts - Required	14
	Liberal Arts electives	9-10
Total Credits		120

¹ Please refer to "ICC (<https://catalog.ithaca.edu/undergrad/schools/school-health-sciences-human-performance/#integrativecorecurriculumicctext>)" tab on our school's main page to see requirements.

Degree Requirements

Code	Title	Credits
HEALTH AND EXERCISE SCIENCES		
HLTH 11300 or HLTH 21300	Personal Health Wellness: Multicultural Perspectives on Health and Healing	3
EXSS 12000	Anatomy and Physiology I	4
EXSS 12100	Anatomy and Physiology II	4
EXSS 24600	Prevention and Care of Athletic Injuries	3
PROFESSIONAL CONTENT AND PEDAGOGY: PHYSICAL EDUCATION		
HLTH 13901	Technology for the Professional Edge	3
HLTH 15200	Introduction to Health and Physical Education	3
PHED 14400	Fundamentals of Dance and Movement	1
PHED 17800	Fundamental Movement Concepts Gymnastics	1
PHED 10100	Teaching Strategies in Physical Education	1
PHED 20200	Teaching Goal-Oriented Games in Physical Education	1
PHED 20400	Teaching Net/Wall Games in Physical Education	1
PHED 20500	Teaching Target and Fielding Games in Physical Education	1
PHED 20700	Teaching Outdoor Pursuits and Contemporary Activities	1
PHED 20800	Teaching Individual Activities in Physical Education	1

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PHED 21200	Motor Skills Development	3
PHED 23000	Teaching Physical Activities in Elementary Physical Education	3
PHED 23400	Fitness Applications for Health Promotion	4
PHED 23500	Teaching Fitness in Physical Education	1
PHED 25500	Philosophy and Principles of Coaching	3
PHED 33000	Adapted Physical Education and Sport	3
PHED 33200	Curriculum and Methods in Elementary School Physical Education	3
PHED 33300	Curriculum and Methods in Secondary School Physical Education	3
PHED 43900	Assessment in Physical Education	3
PHED 44000	Organization and Administration of Physical Education	3
PROFESSIONAL EDUCATION COMPONENT		
EDUC 10200	Reading Foundations	2
EDUC 19210	Child Abuse Identification and Prevention	0
EDUC 19220	Drug and Alcohol Abuse: Identification and Prevention	0
EDUC 19230	School Violence Prevention	0
EDUC 19240	Harassment, Bullying, and Discrimination in Schools: Prevention and Intervention	0
PHED 44100	Student Teaching in Physical Education	10
PHED 44800	Professional Seminar ¹	2
COMPLEMENTARY LIBERAL ARTS - REQUIRED		
EDUC 21010	Educational Psychology	3
EDUC 22900	Second Language Acquisition: Its Nature and Meaning for Educators	2
EDUC 34000	Social and Cultural Foundations of Education	3
Language elective ²		6
Total Credits		85

¹ Counts as ICC Capstone.

² Based on proficiency, 6 credits in the same language other than English (including American Sign Language). Placement in 10100 requires 6.0 credits of language; placement in 10200 requires 3.0 credits of language and 3.0 credits of additional LA credits; and placement in 20100 requires 6.0 credits of additional LA credits.