

# PUBLIC AND COMMUNITY HEALTH MAJOR – B.S.

The public and community health degree is designed to prepare students to use scientific research, program planning, policy analysis, and education to change the conditions and the systems that affect the health of people. The program in public and community health provides students with the information and analytical skills necessary to collect and analyze health data, to identify and plan for community health needs, to implement and evaluate health programs that encourage healthy lifestyles, and to advocate for better health policy. The public and community health curriculum engages students in thinking critically about creative solutions to public health problems and recognizing that health is related to many issues, including genetics, personal choices and behaviors, and the environment. Public and community health professionals work in health care agencies, public health departments, public interest groups, and research organizations that have an interest in health.

Students in public and community health customize their degree experience by choosing the emphasis that suits their career interests:

- The restricted health elective emphasis is for students desiring more depth and breadth in the area of health.
- The PIC (planned interdisciplinary combination) in health is for students who want to study a specific or unique niche in the public health sphere, such as women's health, incarcerated population health, and public health nursing.

## Summary

Code	Title	Credits
	Public and Community Health Degree Requirements	55-56
	Emphases: Choose One (1)	18
	Planned Interdisciplinary Combination	
	Restricted Health Electives Emphasis	
	Integrative Core Curriculum <sup>1</sup>	19-20
	Free and restricted electives	26-28
	<b>Total Credits</b>	<b>120</b>

<sup>1</sup> Please refer to ICC (<https://catalog.ithaca.edu/undergrad/schools/school-health-sciences-human-performance/#integrativecorecurriculumicctext>)' tab on our school's main page to see requirements.

## Degree Requirements

Code	Title	Credits
<b>Public and Community Health Requirements</b>		
	Statistics course (choose 1)	3-4
	MATH 14400 Statistics for Business, Economics and Management	
	or MATH 14500 Statistics for the Health, Life, and Social Sciences	
	or MATH 15500 Basic Statistical Reasoning	
	or MATH 21600 Statistical Analysis	
	Ethics course (choose 1)	3
	PHIL 21200 Introduction to Ethics	
	or PHIL 23000 Bioethics	

	Psychology course (choose 1)	3
	PSYC 10300 General Psychology	
	or PSYC 10400 Introduction to Developmental Psychology	
	Biology course	4
	BIOL 11900 Fundamentals of Biology: Cells and Bodies	
<b>Health courses</b>		
	HLTH 11700 Foundations of Public Health	3
	HLTH 20500 Critical Health Issues (ICC-DV)	3
	HLTH 21700 Epidemiological Approaches to Disease Prevention and Control	3
	HLTH 22900 Disease and Lifestyle	3
	HLTH 25000 Global Health	3
	HLTH 31200 Inequalities in U.S. Health Care	3
	HLTH 31600 Health Research and Analysis (ICC-QL)	3
	HLTH 31700 Community Health	3
	HLTH 33300 Development and Evaluation of Health Programs	3
	HLTH 33510 Legal and Ethical Issues in Health Policy (ICC-WI)	3
	HLTH 41700 Front Page Public Health: Policy and Epidemiology	3
	HLTH 44400 Leadership and Health Promotion (ICC-Capstone)	3
	Select 6 credits of the following:	6
	HLTH 349xx Fieldwork in Health	
	HLTH 449xx Internship in Health	
	HLTH 453xx Supervised Research (limit 3 credits)	
	<b>Total Credits</b>	<b>55-56</b>

## Emphases

Select one emphasis from the options below.

### Planned Interdisciplinary Combination (PIC) in Health - Emphasis

Code	Title	Credits
	HLTH xxxxx Health electives	9
	Electives outside department	9
	<b>Total Credits</b>	<b>18</b>

### Restricted Health Electives - Emphasis

Code	Title	Credits
	Select 18 credits (no more than 9 credits from 100- or 200-level) from the posted list.	18
	<b>Total Credits</b>	<b>18</b>